

ABSTRACT OF THE DISCLOSURE

The present invention discloses a method of treating an
5 individual having irritable bowel syndrome or a related disorder,
comprising the step of administering to said individual a
pharmacologically effective dose of a luminally active anti-
inflammatory or immunosuppressive compound with minimal or no
systemic side effects. Further provided is a method of inhibiting the
10 onset of symptoms of irritable bowel syndrome or a related disorder
in an individual in need of such treatment, comprising the step of
administering to the individual a prophylactically effective dose of a
luminally active anti-inflammatory or immunosuppressive
compound with minimal or no systemic side effects.